Smart heart rate quartz watch

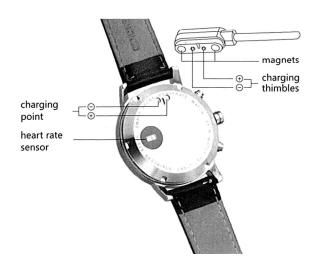
User Manual

Buttons



1

Quick charging



Put magnets into the charging point of the watch's caseba, quick charging is available.

3



Functions

CALL

Icon display for ios system (in ios caller ID available)

1388888888

Caller ID display for android

When charging, Battery icon light on; charged full, battery

08-28 Fri

Calender





Pedometer for recording walked steps



Calorie interface, displaying calorie consumption index



Distance walked (in Kms)



System interface, displaying watch apps version/bluetooth ID/ battery status

2

Phone connection



First download Hplus watch APP Then click HPlus watch menu>> settings>>Bluetooth>> clicking the last four numbers displayed in the watch's system interface such as the picture shows 67C3 Bluetooth connected: √ Unconnected:X

